

# Early Head Start Curriculum Goals and Objectives

(Performance Standards 1304.21 (a)(1-6), 1304.21 (b)(1-3))

## Children are Personally and Socially Competent

### A. To learn about themselves each child will be encouraged to:

1. Identify self in mirror or pictures and by name (DRDP-R 1)
2. Develop a positive identity within the context of their own culture (DRDP-R 4, PITC cultural consistency)
3. Feel valued and attached to others (DRDP-R 3, 5, 7, 8, CC1)
4. Feel competent and proud about what they can do (DRDP-R 2, 3)
5. Assert their independence (DRDP-R 2, 3, CC3)
6. Manage routine transitions with flexibility and ease (DRDP-R 13, CC2)

### B. To learn about their feelings, each child will be encouraged to:

1. Communicate a broad range of emotions through gestures, sounds and words (DRDP-R 1, 3, 5, 7, 16, 17, CC3, CC4, CC17)
2. Express their feelings in appropriate ways (DRDP-R 3, 5, 17, CC3, CC4)

### C. To learn about others, each child will be encouraged to:

1. Develop trusting relationships with nurturing adults (DRDP-R 1, 5, 6, 7, CC1, CC4)
2. Show interest in peers (DRDP-R 3, 4, 5, 8, 9, CC4, CC5, CC6)
3. Demonstrate caring and empathy (DRDP-R 5, CC4)
4. Demonstrate impulse control and cooperation (DRDP-R 6, 7, 10, 11, 12, CC2)
5. Try roles and relationships through imitation and pretend Play (DRDP-R 1, 4, 6, 9, CC5, CC15)
6. Become familiar with differences in gender, physical characteristics, language, and physical abilities (DRDP-R 4)

### D. To learn about communicating, each child will be encouraged to:

1. Express needs and thought (DRDP-R 1, 11, 17, CC3, CC17)
2. Identify with a home language (DRDP-R 15, PITC cultural consistency)
3. Respond to verbal and nonverbal requests and directions (DRDP-R 16, CC2, CC16)
4. Communicate needs and thoughts through increasingly complex language (DRDP-R 17, 18, CC16)
5. Understand and name common objects, people, actions and expressions (DRDP-R 1, 18, 19, 27, 29, CC16)
6. Request adult help when assistance is needed (DRDP-R 5, 6, 7, 11)

## **Children are Effective Learners**

### **A. To acquire learning and problem solving skills, each child will be encouraged to:**

1. Gain understanding of
  - Identifying properties of objects (DRDP-R 25, CC13)
  - Cause and effect (DRDP-R 20, CC12)
  - How objects and tools can be used (DRDP-R 33, CC11)
  - Object permanence (DRDP-R 19)
  - How self and things move through and fill up space (DRDP-R 25)
  - Imitation (DRDP-R 22, CC15)
2. Apply knowledge to new situations (DRDP-R 2, 3, 23)
3. Develop strategies for solving problems or make discoveries (DRDP-R 21, CC14)
4. Increase exploration of the environment through senses (DRDP-R 3, 5, 23)
5. Establish patterns in routines (DRDP-R 26)
6. Sustain attention for increasing periods of time (DRDP-R 14, CC10)

### **B. To acquire an understanding of basic concepts each child will be encouraged to:**

1. Develop an awareness of pre-math concepts, such as counting, matching and sorting (DRDP-R 24, 25, 26, 27)
2. Develop an awareness of pre-literacy concepts, such as appreciation of books, recognizing symbols in the environment, rhyming, singing and scribbling (DRDP-R 15, 16, 17, 18, 28, 29, CC19, CC20)
3. Begin to express self through art, music and movement (CC21)
  - Infants moving arms and legs to express excitement
  - Dancing freely to music
  - Using art supplies to create on their own

## **Children Show Physical and Motor Competence**

### **A. To learn about moving and doing, each child will be encouraged to:**

1. Develop gross motor skills (DRDP-R 30, daily indoor/outdoor large motor time, CC8)
2. Use large muscles for balance (DRDP-R 32)
3. Develop fine motor skills (DRDP-R 31)
4. Coordinate eye and hand movements (DRDP-R 33)

## **Children are Safe and Healthy**

### **A. To show an emerging awareness and practice of safe and healthy behavior, each child will be encouraged to:**

1. Develop self help skills by developing personal hygiene practices such as brushing teeth, washing hands, blowing noses (DRDP-R 34, CC7)
2. Work toward increasing bladder control (DRDP-R 34, CC7)
3. Tries new food (family style meals, modeling)
4. Accept safety restrictions such as holding hands to cross the street or understanding words like "hot" (DRDP-R 35)